|  |  |  |
| --- | --- | --- |
| *Goals* | *What methods will I use to achieve my goals?* | *How I will know I have achieved goals?* |
| Goal #1 |  |  |
| Goal #2:  |  |  |
| Goal #3:  |  |  |

When do I want to assess my goals?

**Complete these questions on the date you set for assessing your goals.**

1. What did I achieve (do well)?
2. In what areas do I need improvement?
3. What lessons have I learned throughout process?