Personal Apology Letter

Please accept my sincere apology for the disagreement we had yesterday afternoon. I am truly sorry if I offended you. When I feel passionately about an issue, I sometimes express my ideas and feelings too strongly, and I'm afraid that's what happened yesterday. Even though we have different opinions in this area, I want you to know that I respect your point of view and I enjoy discussing issues with you. I hope you will forgive me. I don't want our friendship to be affected negatively by this disagreement.